



## **ZAUMS Curriculum Vita**

Personal information	
First name / Surname	Maryam Navaee
Address	Department of midwifery, School of Nursing and Midwifery, Mashahir Sq, Zahedan, Iran
Telephone	05433442481
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E-mail	helennavaee@gmail.com
Nationality	Iranian
Date of birth	1983
Gender	Female
Marital Status	Married
Occupational Field	
	Midwifery training Reproductive health Mother & Child health
Education and Training	
	PhD candidate of Reproductive Health at Iran University of Medical Sciences Title of dissertation: The effect of bariatric surgery on the consequences Incidence of pregnancy and postpartum -a cohort study comparing obese pregnant women without a history of bariatric surgery
	Master of Midwifery from International Unit Mashhad University of Medical Sciences Title of dissertation: Comparison of the effect of two educational methods of role-playing and lecture on the knowledge, attitude and decision-making of first-time pregnant women about the type of delivery  BS of midwifery from Kerman University of Medical Sciences

National Conferences / Seminars	Research festival of graduate students of Mashhad University of Medical Sciences (2011) The second international safe pregnancy meeting of medical sciences in Tehran, February (2012) The third conference on ways to improve the quality of nursing and midwifery services in Shahid Sadouqi University of Medical Sciences – Yazd (2011) The 9th International Women's and Midwifery Conference of Iran in November (2019) The second research festival of graduate students of Mashhad University of Medical Sciences (2010) The 6th Annual Research Conference of Medical Sciences Students of Eastern Iran-Gonabad (2010) International Conference on Midwifery and Reproductive Health of Iran (2011)Mashhad
International Conferences / Seminars	

National Publications / Articles	
1	M Navaee, Z Abedian. Effect of role play education on primiparous women's fear of natural delivery and their decision on the mode of delivery. Iranian journal of nursing and midwifery research, 2015.
2	Zahra Abedian, Maryam Navaee, Sani Hosein Jaafari, Arian Arani, Saeed Ebrahimzadeh. Comparing the effect of two teaching methods, role playing and lecture on primigravida women's knowledge, attitude and performance according to delivery mode. Iranian Journal Of Obstetrics, Gynecology And Infertility. 2012
3	Hasan Boskabadi, Maryam Navaei. Relationship between delivery type and jaundice severity among newborns referred to Ghaem Hospital within a 6-year period in Mashhad. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2011
4	Aliye Chughtai, Maryam Navaee, Moluk Hadi Alijanvand, Fariba Yaghoubinia. Comparing the effect of aromatherapy with essential oils of Rosa damascena and lavender alone and in combination on severity of pain in the first phase of labor in primiparous. Crescent Journal of Medical & Biological Sciences. 2018
5	Zahra Khalili, Maryam Navaee, Mansour Shakiba, Ali Navidian. The effect of a supportive-educational intervention on maternal-fetal attachment of pregnant women facing domestic violence: A randomized controlled trial. Iranian Journal of Psychiatry and Behavioral Sciences. 2020
6	Zahra Khalili, Maryam Navaee, Mansour Shakiba, Ali Navidian. The effect of supportive-educational intervention on psychological distress in pregnant women subjected to domestic violence: A randomized controlled trial. Hayat. 2019
7	M Navaee, H Kaykha. The effects of stress inoculation training on coping strategies among midwives in primary health-care centers. Nursing and Midwifery Studies. 2019
8	Yassamin Hassanzei, Ali Navidian, Maryam Navaee. The effect of motivational interviewing on self-efficacy and decision-making about type of delivery in primigravid women: A randomized clinical trial. Nursing and Midwifery Studies. 2022

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9	K Asadisarvestani, M Navaee. Demographic and socio-cultural determinants of intended and unintended pregnancies among women under cancer treatment in sistan and Baluchestan province, Iran. Shiraz E-Medical Journal. 2021
10	E Majlesi, A Navidian, M Navaee, M Montazer-Zohouri. The effects of e-learning about fetal screening tests on the level of anxiety and worry in pregnant women. Journal of Isfahan Medical School. (2021)
International Publications / Articles	
1.	S Khayat, M Navaee, H Fanaei, F Khojasteh. Waterpipe smoking in pregnant women of Zahedan City in 2020: Prevalence and associated factors. International Journal of Preventive Medicine (2022)
2.	A Keykha, H Askari, A Navidian, M Navaee, BMK Hosseini.Investigating factors associated with the type of delivery in pregnant women admitted to Zahedan hospitals in 2015. Der Pharmacia Lettre. (2016)
3.	K Asadi Sarvestani, M Navaee, R Rayanpour. Prevalence, Patterns, and Physicians' Awareness of the Use of Traditional and Complementary Medicine by Female Cancer Patients in Zahedan, Iran. Women's Health Bulletin (2022).
4	Rakhshkhorshid M, Navaee M, Nouri N, Safarzaii F. The association of health literacy with breast cancer knowledge, perception and screening behavior. European journal of breast health. 2018 Jul;14(3):144.
5	Navaee M, Rakhshkhorshid M. Comparing the effect of foot massage with grape seed oil and sweet almond oil on physiological leg edema in primigravidae: a randomized clinical trial. Evidence-Based Complementary and Alternative Medicine. 2020 Jan 13;2020.
6	M Navaee, M Kashanian, A Kabir, N Zamaninour, M Chamari, A Pazouki. Maternal and fetal/neonatal outcomes in pregnancy, delivery and postpartum following bariatric surgery and comparison with pregnant women with obesity: a study protocol for a prospective cohort. Reproductive Health. 2024
7	Z Abedian, M Navaee, HJ Sani, S Ebrahimzadeh. Comparing two instructional methods of role playing and lecture on primigravida females, decision about type of delivery. Journal of education and health promotion. 2017
8	M Shakiba, M Navaee, Y Hassanzei. The effect of motivational interviewing on attitude and practice about type of delivery in primigravid women requesting elective cesarean section referring to comprehensive. Journal of education and health promotion. 2020
9	M Navaee, S Khayat. Effect of pre-cesarean foot reflexology massage on anxiety of primiparous women. Journal of Complementary and Integrative Medicine. 2020
10	A Navidian, M Navaee, H Kaykha. Effectiveness of stress inoculation training on occupational stress of midwives in healthcare centers of Zahedan in Health Transformation Plan in 2017. Journal of education and health promotion. 2019

	Raheleh Moradi, Maryam Navaee, Negar Zamaninour, "Amin setarehdan, "Abdolreza Pazouki, Ali Kabir. The effect of maternal bariatric surgery on offspring anthropometry: A mixed cohort. Obesity Surgery. 2024.
Work Experience / Memberships	
1.	Faculty member of Zahedan University of Medical Sciences (School of Nursing & Midwifery)
2.	midwife in Zahedan Ali-ibn Abitaleb Hospital
3	Member of pregnancy Health Research Center of Zahedan University of Medical Sciences
4	Reviewer for Journal of Integrative and Complementary Medicine
5	Reviewer for BMJ Open.
Personal Skills and Competences	
Social skills and competences	Computer Literacy(Words, Internet, PowerPoint, SPSS, Windows, EndNote)
Honors / Awards	
	1-Model country midwife in 2015 2-Provincial sample midwife in 2019 3-The best researcher in 2018 and received a research grant 4-Obtaining permission to publish a scientific journal in 2019
Additional information	